

Home Care One Online Training Program

Two Cohorts of 25 Participants

Fall 2019 – Start Date: September 23

Cohort #1 begins 10-week training program on September 23 and completes the training by December 9, 2019.

Week	Modules Covered	Additional Notes
September 23	Introduction & Module 1: Roles and Responsibilities as a Home Care Aide	
September 30	Module 2: Caring for Yourself So You Can Care for Others	
October 7	Module 3: Communicating with the Agency (Monitoring & Reporting) Module 4: Communicating with the Client	
October 14	Module 5: Hygiene Module 6: Activities of Daily Living	
October 21	Module 7: Nutrition	
October 27	Module 8: Spotting & Reporting Abuse	
November 4	Module 9: Preventing Accidents Module 10: Controlling Infection	
November 11	Module 11: Assisting with Medications	
November 18	Module 12: Moving Clients Safely Module 13: Caring for Clients on Bedrest	
November 25	Module 14: Caring for Clients with Alzheimer's Module 15: Understanding the Special Needs Created by Certain Conditions	
December 2		

Winter 2019 – Start Date: January 6

Cohort #2 begins 10-week training program on January 6 and completes the training by March 23, 2020.

Week	Modules Covered	Additional Notes
January 6	Introduction & Module 1: Roles and Responsibilities as a Home Care Aide	
January 13	Module 2: Caring for Yourself So You Can Care for Others	
January 20	Module 3: Communicating with the Agency (Monitoring & Reporting) Module 4: Communicating with the Client	
January 27	Module 5: Hygiene Module 6: Activities of Daily Living	
February 3	Module 7: Nutrition	
February 10	Module 8: Spotting & Reporting Abuse	
February 17	Module 9: Preventing Accidents Module 10: Controlling Infection	
February 24	Module 11: Assisting with Medications	
March 2	Module 12: Moving Clients Safely Module 13: Caring for Clients on Bedrest	
March 9	Module 14: Caring for Clients with Alzheimer's Module 15: Understanding the Special Needs Created by Certain Conditions	
March 16		